

White Pine Behavioral Health LLC
Joel Guarna, PhD

25 Middle Street
Portland, ME 04101
207-272-8500

Directions: From North or South, take 295 into Portland. Take Exit 7 for Franklin Arterial. Franklin Arterial will cross over Cumberland Avenue and Congress Street. Remain on Franklin Arterial for a few more blocks until you see a sign for Middle Street. Take a left onto Middle Street.

Parking: You can usually find on-street parking on Middle Street or India Street. If on-street parking is not available, please park in the Ocean Gateway Garage and bring your ticket to your session so I can provide you with a validation sticker.

Additional Instructions: The building at 25 Middle Street houses several therapists and other professionals. My office is on the 3rd floor. Please wait in the waiting area.

